

ARIANA ATIT SHAH

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EDUCATION

Hill Spring International School

Mumbai, India

IGCSE / High School

- Grade 10 Role of Honour; topped the school in Grade 10.

EXPERIENCE & SERVICE

HYUE — Intern

Mar 2024 – Jun 2024

Makeup and skincare startup | Online and in person

- Supported product testing, social media work, secondary research, and moodboard creation.
- Participated in meetings and contributed inputs on product feedback, positioning, and customer response.

National Burns Centre | Clinical observership

- Completed a three-week in-person observership at the National Burns Centre, primarily observing the OT, OPD, skin bank, and amnion bank.
- Observed burn-care procedures including dressings, debridement, skin grafting, scar excision, capsulotomy, and K-wire fixation.
- Accompanied a skin donation call and observed donor preparation, dermatome use, and skin retrieval procedures.
- Scrubbed in and assisted under supervision during one debridement and skin grafting procedure.

Community Service — Education and Outreach

2023 – Present

School and independent service initiatives

- Taught English-speaking support online for SS High School students weekly from January to April 2024.
- Tutored Grade 4 students in science, English, and math through Yasham in August 2024; began with one student and expanded to a small group.
- Volunteered with Robin Hood Army during Navratri food distribution.
- Participates in weekly Muktangan community service through school in Grade 11.
- Participated in school-led service and fundraising, including a Grade 11 Christmas Fair bake sale supporting Kanya Suraksha.

Independent Research Paper — Ms. Lalita Limaye

Grade 11 – Ongoing

Independent research

- Working on an independent research paper under the guidance of Ms. Lalita Limaye.

ACTIVITIES

Yale Young Global Scholars — Literature, Philosophy & Culture

Jun – Jul 2025

- Completed Session I of the Literature, Philosophy & Culture program.

University of Waterloo Avogadro Exam

Grade 11

- Completed the Avogadro Chemistry Exam.

Trinity College London Speech & Drama

Grades 4 – 10

- Completed graded Communication Skills and Spoken English examinations, including Grade 5 Communication Skills with Distinction.
- Developed public speaking, articulation, and presentation skills through exam-focused training.

Aerial Arts

Grade 6 – Present

Aerial silk, hoop, and hammock

- Trains regularly with a personal trainer in Mumbai, building strength, flexibility, and performance technique.
- Performed solo aerial hoop at Expressions annual concert in 2023 and group aerial silk at Fusion annual concert in 2019.

World Scholar's Cup

2023

- Represented Hill Spring International; qualified through regional rounds and competed at the Qatar round and Tournament of Champions in New York.
- Earned writing recognition at WSC Mumbai, including Individual 8th Place and Team 3rd Place in writing.

School Newsletter / Writing

2022 – Present

- Contributes to school publications and wrote two newsletter articles in Grade 11.
- Secured 1st place in poetry at the Woodstock Summer Program English Masterclass in 2022.
- Placed 3rd in poetry recitation in Grades 9–10; participated in the NYT Summer Reading Contest in 2023.

Coding & More — AI and Python

Grades 9 – 11

- Completed introductory AI/Python modules and worked on a bio-chemistry based AI project through weekly classes.

Science Club

Grade 11 – Present

- Teaches science activities to 4th and 5th graders through the school Science Club.

SpringMUN

Grade 10

- Participated in the Press Corps for SpringMUN.

School Debates

Grades 8 – 9

- Participated in inter-house debate competitions.

School Annual Concert: Expressions*Grade 11*

- Held a leadership/support role for Flora House, helping with costumes and lighting for the dance performance.

Performing Arts Background*Through Grade 5*

- Completed Kathak Aarambh 1, 2, and 3, achieving 77.5% in Aarambh 3.
- Participated in Christmas Choral Concert in 2018; completed Discover Music and Junior Choir at Mehli Mehta Music Foundation for three years and played piano for two years.

Sports Background*Through Grade 10*

- Completed karate black belt and earned multiple Kata and Kumite placements at interschool and federation-level competitions through 2019.
- Played football through Grade 8; participated in Junior Premier Soccer League and was runner-up at Bombay Gymkhana interschool football championship.
- Played paddle tennis recreationally in Grade 10.

HONORS & CERTIFICATIONS

- Hindustan Times Scholarship recipient, awarded Rs. 50,000 for essay writing (2019).
- Trinity Speech & Drama certifications in Communication Skills and Spoken English.
- World Scholar's Cup writing awards: Individual 8th Place and Team 3rd Place, WSC Mumbai.
- Certificate of Merit, Green Olympiad (2019); participated in Sankalp ICT Junior Championship (2019).
- Karate black belt with multiple 1st and 2nd place finishes in Kata and Kumite competitions through 2019.
- Kathak Aarambh 1, 2, and 3 completed.
- Completed the University of Waterloo Avogadro Chemistry Exam.